Round	Opponents	Venue	Result	Att.	Goalscorers
1928-29					
1	Letchworth Town	A	W8-2		Wombwell 4, Evans 2, Thomson, Tasker
2	Baldock Town	A	W4-3		Handscombe 2, Evans 2
3	St. Albans City	A	L2-6	3000	Davey, Thompson (pen)
1929-30					
1	Letchworth Town	H	L3-5aet	3000	Oyston, Bullard, Tasker
1930-31	**WINNERS**				
2	Bishops Stortford	H	W7-4aet		Pateman 2, H. French 2, Millward, K.Brown, Tasker
3	Bushey United	H	W7-4		Hall 2, Millard 2, Trussell, Pateman, J.R.Smith
SF	Hertford Town	H	W3-0		H.French 2, Tasker
F	Leavesden Mental Hospital	N	D0-0		(played at St.Albans)
FR	Leavesden Mental Hospital	N	W3-0		H.French, Millard, R.Brown (played at Letchworth)
1931-32	**WINNERS**				
2	Welwyn Garden City	H	W11-2		Armitage 7, Tasker, Dunkley, Lynch, J.Walker
3	Watford Spartans	H	W9-0		Armitage 3, Payne 3, J.Walker 2, Lynch
SF	Shredded Wheat	H	D1-1		J.Walker
SFR	Shredded Wheat	A	D2-2		Armitage, Hall
SF2R	Shredded Wheat	H	W6-0		Armitage 2, J.Walker 2, Tasker 2
F	Apsley	N	W5-1		Armitage 3, Lynch, Izzard (played at St.Albans)
1932-33					
2	Hoddesdon Town	A	L1-3		Izzard
1933-34	**WINNERS**				
1	Knebworth	H	W7-1		Armitage 3, H.French 2, J Walker, J.R.Smith
2	Bushey United	H	W10-1		Foss 3, S.King 3, J.R.Smith 2, Armitage, H.French
3	Apsley	H	W2-1		J Waker 2
3 (Replayed)	Apsley	A	W3-1		Armitage 2, Quince
SF	Berkhamsted Town	A	D1-1		Armitage
SFR	Berkhamsted Town	H	W3-1		S.King, J.Walker, Cawdell
F	Hertford Town	N	W3-2aet		Armitage, S.King, J.Walker (pen.) (played at Barnet)
1934-35					
2	Stevenage Town	A	L0-1*		Abandoned
2	Stevenage Town	A	W5-0		J.Walker, C.J.Walker, Clarke
3	St. Albans City	A	L0-2		
1935-36					
1	Hertford Town	A	W3-1		Chamberlain 2, Buswell
2	Leavesden Mental Hospital	H	L2-6		R Murphy, E.Broadbent
1936-37					
1	White City	H	W1-0		R Murphy
2	Bishops Stortford	H	W6-2		Albone 2, Hoar 2, Bland, Westwood
SF	Leavesden Mental Hospital	H	D0-0aet		
SFR	Leavesden Mental Hospital	H	L1-2		Broadbent
1937-38	**WINNERS**				
1	Letchworth Town	A	W5-0		Clarke 2, Hailey, Hoar, E.Broadbent
2	Hertford Town	A	W3-1		Clarke, Hailey, E.Broadbent
SF	Ware	H	W6-0		Hoar 4, Clarke, Murphy

Round	Opponents	Venue	Result	Att.	Goalscorers
1937-38	**WINNERS (contd)**				
F	Leavesden Mental Hospital	H	W4-1		Hailey 2, Hoar, Wilkinson
1938-39	**WINNERS**				
2	Letchworth Town	A	W2-0		Hailey 2
3	Berkhamsted Town	H	W6-0		Hailey 2, Clarke, Wilkinson, Bland, Kilby
SF	St. Albans City	H	W2-0		Clarke, Westwood
F	Leavesden Mental Hospital	N	D1-1aet		R.Murphy
FR	Leavesden Mental Hospital	N	W3-0	2200	Gentle, Hailey, Hoar (played at Letchworth)
1939-40					
SF	St.Albans City	H	W3-1		Hailey 2, Clarke
F	Barnet	A	L2-4		Brown, Clarke
1940-41	**WINNERS**				
1	Stevenage Town	H	W6-1		Chapman 4, Dennis, Izzard
SF	St. Albans City	A	W2-0		Chapman, C.Brown
F	Leavesden Mental Hospital	N	W3-2		Chapman, Flint, T.Jones (played at St.Albans)
1941-42					
1	St.Albans City	A	L0-5		
1942-43	**WINNERS**				
SF	Barnet	A	W2-0		Westwood, Cook (pen.)
F	St.Albans City	H	W5-1		Westwood, Cook, P.Clark, T.Clark. T.Jones
1943-44					
SF	Barnet	H	W5-1		Clarke 3, E.Murphy, Barnes
F	St.Albans City	A	L1-4		Barnes
1944-45					
SF	St.Albans City	A	W3-0		Scoot 2, Saunders
F	Barnet	N	L0-8		(played at St.Albans)
1945-46					
3	Barnet	A	L0-2		
1946-47					
3	Barnet	A	L1-2		Wingate
1947-48					
3	Barnet	H	L2-4	3000	Wingate, Mockler
1948-49					
3	Stevenage Town	A	W3-2	1386	Cole 2, Rogers
4	Letchworth Town	A	W3-1	3696	Ward 2, Britten
SF	Cheshunt	H	L1-4	1792	Dolan
1949-50					
5	Cheshunt	A	L0-1	1708	
1950-51					
1	Bishops Stortford	H	W2-0		Brown, Jovanovic
2	Rickmansworth Town	H	W2-1aet	771	Jovanovic, Lawrence
2R	Rickmansworth Town	A	W3-2	297	Abbiss, Chambers, Hillier
SF	Berkhamsted Town	H	W4-0		Chambers 2, Hillier, Tarrant
F	St.Albans City	N	L0-3		(played at Barnet)
1951-52					
3	St.Albans City	A	L1-3	1837	D'Arcy
1952-53					
3	Stevenage Town	H	D1-1	1303	Kitchener
3R	Stevenage Town	A	L1-4		B.Smith
1953-54					
3	Stevenage Town	H	W2-1	3085	Kitchener, Ward
4	Bishops Stortford	H	L1-2	1977	Fisher (pen)

Round	Opponents	Venue	Result	Att.	Goalscorers
1954-55					
3	Tring Town	H	W6-0	917	A.Smith 4, Figg, Bumpstead
4	Ware	A	W3-0		Hammond 2 (1 pen),A. Smith
SF	St.Albans City	A	L1-2	2368	Sayers
1955-56					
4	Letchworth Town	H	L3-4	1785	Figg 3
1956-57					
3	Cheshunt	H	W4-2	1449	Simmonds 2, Hammond, A.Smith
4	Berkhamsted Town	H	W3-0	1196	Simmonds 2, Hammond
SF	Barnet	H	W2-1	1660	Flint (pen), Lay
F	St.Albans City	N	L1-5	1866	Figg (played at Barnet)
1957-58					
4	Letchworth Town	A	W1-0	1867	Overman
SF	Barnet	A	L1-3		OG
1958-59					
3	Stevenage Town	A	L1-3		Hammond (pen)
1959-60					
3	Kings Langley	H	W6-0	446	Craddock 3, Figg 2, OG
4	Barnet	H	L1-4	1051	Craddock
1960-61					
3	Leavesden Hospital	H	W3-0	931	Craddock (pen), Randall, Waldock
4	Hertford Town	H	W5-0	2087	Mantell 2, Craddock(pen),Graves, Waldock
SF	Barnet	A	L3-4		Waldock 2, Craddock (pen)
1961-62	**WINNERS**				
1	Tring Town	H	W11-0	1107	Randall 4, Waldock 3, Craddock, Graves, Cox, OG
2	Hoddesdon Town	H	W12-1	1304	Randall 7, Waldock 2, Greaves (pen.), P.Clarke, Hutchinson
SF	St.Albans City	A	W7-4	1754	Randall 4, Waldock, Graves, Hutchinson
F	Hemel Hempstead Town	N	W2-0	2771	Waldock 2 (played at Watford)
1962-63					
3	St.Albans City	A	L0-1		
1963-64					
3	Rickmansworth Town	H	W8-0	624	Waldock 3, Desmond 2, Graves, Everitt, Horne
4	Barnet	A	L1-3		OG
1964-65					
3	Hemel Hempstead Town	A	W3-0		Edwards 3
4	Letchworth Town	A	L1-3	1103	Edwards
1965-66					
3	Tring Town	A	W1-0		Crawley
4	St.Albans City	A	L0-5	1315	
1966-67					
1	Cheshunt	A	L0-1		
1967-68					
1	Hoddesdon Town	H	W2-1	574	Waldock, Gogan
2	Bishops Stortford	A	W2-1	800	Gogan, Fulkes
SF	Hertford Town	A	L1-2		Gogan
1968-69					
3	Berkhamsted Town	H	W4-1	597	Gogan, Gladwin, Pratt, Wishart(OG)
4	Cheshunt	A	L1-2	334	Gogan
1969-70	**WINNERS**				
3	Hemel Hempstead Town	H	W5-0	554	Giggle 2, Gogan 2, Cutler
4	Baldock Town	A	W4-1	750	Gogan, Reid, Foulkes, Townsend
SF	Hertford Town	H	D1-1		Gogan
SFR	Hertford Town	A	W2-1aet		Gogan, Cutler

Round	Opponents	Venue	Result	Att.	Goalscorers
1969-70	**WINNERS (contd)**				
F	Cheshunt	N	W1-0aet	1809	Brothers
1970-71					
QF	Hertford Town	H	W4-1	405	Giggle 2 (1 pen), Brookes (pen), Gogan, Mapp
SF	Bishops Stortford	H	D4-4	503	Gogan 2, Giggle, Harley
SFR	Bishops Stortford	A	L0-1aet		
1971-72					
2	St.Albans City	H	D1-1aet	719	Garofall
2R	St.Albans City	A	W1-0	750	Smith
3	Hertford Town	A	W2-1	550	Smith, Allaway
SF	Boreham Wood	A	L2-3	600	Allaway 2
1972-73					
2	St.Albans City	A	W1-0	500	Giggle
3	Hemel Hempstead Town	A	W3-2		Hill 3
SF	Hoddesdon Town	H	W3-1	422	Giggle, J.Kettleborough, Hill
F	Bishops Stortford	N	L0-2aet	930	
1973-74					
2	Hertford Town	A	W3-0	469	Giggle, H.Kettleborough, Jackett (pen.)
3	Bishops Stortford	A	L0-2		
1974-75	**WINNERS**				
2	Baldock Town	H	W3-0	480	Bunker, H.Kettleborough, J.Kettleborough
QF	Cheshunt	H	W2-0	320	Bunker, H.Kettleborough (pen.)
SF	Hemel Hempstead Town	H	D1-1*	372	*abandoned during extra time
SFR	Hemel Hempstead Town	A	W1-0		Bunker
F	Boreham Wood	N	W2-0		Bunker, H.Kettleborough, (played at Hertford Town)
1975-76					
2	Royston Town	H	W3-0	226	Bunker, Brothers, Webb
3	Barnet	A	L0-1aet	299	
1976-77	**WINNERS**				
2	Leggatts Way Old Boys	H	W4-0	176	Mulkern 2, Giggle (pen.), Whishaw
3	Letchworth GC	H	W3-2	644	Giggle, Bunker, Brown
SF	Boreham Wood	H	W2-0	494	Archibald, Wilson
F	Bishops Stortford	N	W2-0	1700	Watson 2 (played at Hertford)
1977-78					
2	Watford	A	L2-4	714	Whishaw, Watson (pen.)
1978-79					
2	Letchworth GC	A	W6-3	644	Giggle 2, Harthill, Taylor, Hammond, Carroll (pen.)
3	Bishops Stortford	H	L3-4	207	Giggle, Mulkern, McCarthy
1979-80					
2	Cheshunt	H	W4-0	175	Barnes 3, Hodge
3	Bishops Stortford	A	W3-1		Giggle, Cooper, Sorenson
SF	Boreham Wood	H	D4-4aet	326	Hodge 2, Giggle, Barnes
SFR	Boreham Wood	A	L1-2aet		Giggle
1980-81					
2	Pirton	H	D2-2aet	312	Small, Mahoney
2R	Pirton	A	W1-0aet		Mahoney
3	Boreham Wood	A	D2-2aet		Mulkern, Mahoney
3R	Boreham Wood	H	D1-1aet	263	Mahoney (Won 3-2 on penalties)
SF	Watford	A	L2-3aet	546	Small, Pearson

Round	Opponents	Venue	Result	Att.	Goalscorers
1981-82					
2	Highfield	A	W10-2		Mahoney 6 (1 pen.), Every 4
3	Bishops Stortford	H	L1-3aet	268	Every
1982-83					
1	Watford	H	L2-4	204	Every (pen.), Cosby
1983-84					
1	Tring Town	A	W3-2aet		Every 2, Gear
2	Welwyn Garden City	A	W2-1		Every, West
3	Baldock Town	H	W4-1	351	West, Fountain (pen.), Madden, OG
SF	Hertford Town	H	L1-2	191	West
1984-85					
1	Boreham Wood	H	W2-1	161	Brammer, Miller
2	St.Albans City	H	W1-0aet	183	M.Thomas
SF	Watford	A	L1-3	288	Brammer
1985-86					
1	Baldock Town	A	L0-1		Reinstated
2	Royston Town	A	W4-1		M.Thomas 2, Every, Fountain
SF	Barnet	A	L0-2	194	
1986-87					
1	Watford	H	W5-1	130	O'Keefe 2 (1 pen), Stock 2, Parker
2	Stevenage Borough	H	L0-4	549	
1987-88					
1	Barnet	A	W2-1	269	Every, Lawson
2	Tring Town	A	L5-6aet		Cosby 2 (1 pen.), Good 2, Parker
1988-89					
1	Boreham Wood	A	L0-2		
1989-90					
1	Barnet	A	L2-3	462	Conroy 2
1990-91					
1	Stevenage Borough	H	L1-2	532	Reed
1991-92					
1	Bishops Stortford	A	L1-4	279	Reed
1992-93					
1	Bishops Stortford	H	L0-2	222	
1993-94					
1	Bishops Stortford	A	L0-3	351	
1994-95					
2	Ware	H	W2-1	163	Caines 2
QF	Boreham Wood	A	W1-0	147	Ripley
SF	Watford	H	L1-3	174	Cosby
1995-96					
2	Hertford Town	A	W6-0	60	Conroy 3, Issott 2, Roberts
QF	Bishops Stortford	H	W4-1aet	192	Roberts 2. G.Williams, Cooper (pen)
SF	Barnet	A	L0-1	294	
1996-97	**WINNERS**				
1	Hemel Hempstead Town	H	W9-0		Hall 3 (2 pens.), Parker 2, Coley, Cooper, Alpress, Drury
2	Potters Bar Town	H	W3-0		Cooper 2, Dellar
QF	Welwyn Garden City	H	D0-0		Abandoned after 45 mins
QF	Welwyn Garden City	H	W4-0	160	Donahue 2, Parker, Cooper (pen.)
SF	London Colney	A	W3-0		Donahue, Parker, Williams
F	Boreham Wood	N	W4-1	500	Hall 2 (1 pen,), Dellar, Burke (played at St.Albans)
1997-98					
1	Potters Bar Town	H	W4-1	90	Dellar 2, G.Williams, C.Williams
2	London Colney	A	W4-0		Dellar, Debnam, N.Grime, Barr
QF	Watford	A	L2-5aet	231	Dellar 2 Played at Top Field

Round	Opponents	Venue	Result	Att.	Goalscorers
1998-99					
1	St.Albans City	H	L3-4	202	Abbey 2, Dixon
1999-00					
2	London Colney	H	W3-2	158	Fenton 3
3	St.Albans City	H	L1-5	141	Burke
2000-01					
1	Hemel Hempstead Town	H	W5-1	117	Parker 3, Akurang, Nolan
2	London Colney	H	W7-0	121	Parker 2, Nolan 2, Marshall (pen), Kean, Meah
3	Stevenage Borough	H	L1-2	405	Rydeheard
2001-02					
1	Cheshunt	A	W1-0	c.40	Simpson (pen.)
2	Sawbridgeworth Town	H	W2-0	96	Drew, Nolan
3	Stevenage Borough	H	W3-1	171	Simpson, Drew, Nolan
SF	Boreham Wood	A	L1-6		Rydeheard
2002-03					
2	London Colney	A	W2-0	87	Drew, Nolan
3	Watford	A	W2-1	168	Brennan, Mills (played at Top Field)
SF	Berkhamsted Town	A	L2-4		Bridge 2
2003-04					
1	Broxbourne Borough V & E	H	W8-1	76	Dillon 4, Parker 3, Nicholl,
2	Royston Town	H	W3-0	68	Bridge 2, Nicholl
3	Berkhamsted Town	A	W6-3		Bridge 2, Bone, Frater, McElroy, Sozzo
SF	Watford	H	L1-3	156	Bone
2004-05					
2	Potters Bar Town	A	L1-2	50	McCulloch
2005-06					
2	Hemel Hempstead Town	H	L2-3	82	Hayes, Bridge
2006-07					
1	Tring Athletic	H	W5-0	82	Sozzo 3, Bridge 2
2	Bishops Stortford	H	L0-1	91	
2007-08					
1	Colney Heath	H	W3-0	64	Lamacraft, D.Iwediuno, Standen (pen.)
2	Hemel Hempstead Town	A	L0-3	125	
2008-09					
1	Broxbourne Borough	A	W2-1	71	Balderson, Hilaire
2	Cheshunt	A	L2-3	101	M.Barnes 2
2009-10					
1	Leverstock Green	A	L1-2		Arlick
2010-11					
1	Ware	H	L3-4	64	Howell 2, George
2011-12					
1	Tring Athletic	H	W3-1	101	Anderson, Lee, Arlick
2	Stevenage	H	L0-2	159	
2012-13					
1	Boreham Wood	H	W3-0	101	C.Donnelly 2, Frendo
2	Potters Bar Town	H	L0-3	86	
2013-14					
1	Oxhey Jets	H	W4-0	71	Wharton, Martin, Burns, King
2	Hoddesdon Town	H	D3-3aet	82	Wharton 2, Dixon (Won 3-2 on penalties)
QF	Stevenage	H	W1-0	182	Lench
SF	Boreham Wood	H	L0-1	101	

Round	Opponents	Venue	Result	Att.	Goalscorers
2014-15					
1	Hertford Town	A	L2-3	72	B.Donnelly, Rolfe
2015-16	**WINNERS**				
1	Colney Heath	A	W2-1	95	Webb, Burns
2	Sun Sports	A	W5-0	50	C.Donnelly 2,Martin, Kirkpatrick, Lench
QF	Cheshunt	H	W1-0	101	Kirkpatrick
SF	St.Albans City	H	W2-0	136	Rolfe (pen), Burns
F	Boreham Wood	N	W2-1	366	Brooks, Webb Played at Cheshunt
2016-17	**WINNERS**				
2	Hadley	A	W3-0	61	Spence 2, Walster (pen)
QF	St.Albans City	A	D2-2	183	K.Smith, Wright Won 5-3 on penalties
SF	Cheshunt	H	W3-1	162	Burns 2, Lench
F	Bishops Stortford	N	W2-1	325	Wright 2
2017-18					
1	Bishops Stortford	H	W3-0	143	Charles 2, Vincent
2	Boreham Wood	H	L0-3		
2018-19					
1	Tring Athletic	H	W2-1	79	Charles, Belgrove
2	Hemel Hempstead Town	H	D0-0	79	Lost 1-4 on penalties
2019-20					
1	Welwyn Garden City	H	D1-1	73	Ryan Won 4-3 on penalties
2	Leverstock Green	A	W2-0	40	Webb, Hutchinson (pen.)
QF	Hemel Hempstead Town	A	L2-3	104	Bell 2
2020-21					
No competition					
2021-22					
2	Tring Athletic	A	W4-0	81	Barker, Cawley, Stead, Dasilva
QF	St.Albans City	A	D2-2	251	Hutchinson 2 (Won 5-3 on pens)
SF	Cheshunt	A	L0-2	172	
2022-23					
1	Welwyn Garden City	H	W1-0	231	Hay
2	Potters Bar Town	H	W3-2	339	Freitas-Gouveia, Hay, Cawley (pen)
SF	Cheshunt	A	W2-0	241	Syme, Hay
F	Berkhamsted	N	D2-2	461	Wilkinson, Snelus (Lost 2-4 on pens)
2023-24					
1	Leverstock Green	H	D1-1	113	Akinbusoye (Won 4-3 on pens)
2	St.Albans City	A	L0-6	293	
2024-25					
1	Hadley	H	W3-0	232	C.Jones, D.Stokoe, Chidyausiku
2	Hemel Hempstead Town	H	L0-1	164	
2025-26	**WINNERS**				
1	Baldock Town	H	W5-1	239	Joy, Alemanji, Syme, Freitas-Gouveia, Butler
2	Leverstock Green	H	W2-0	211	Tearle, Alemanji
QF	Watford	H	W4-0	284	Rhiney (pen), Brooks, Butler, Franklin
SF	London Lions	A	W2-1	160	Freitas-Gouveia, Phillips
F	Bishops Stortford	H	D0-0	832	(Won 10-9 on pens)